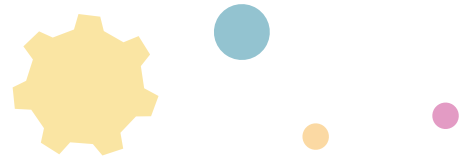


All About Me



SECTION A OF MY EDUCATION HEALTH & CARE PLAN

Please use this form to tell us all the important information about yourself.

You can write, draw or stick in photos. It is up to you!

We will use what you tell us to make sure you are getting the opportunities and support you need to achieve your hopes & wishes.

Your views are really important!

My name is:	
My date of birth is:	
I live at:	



You can ask someone to help you complete this form, this could be a teacher, a parent or carer, SENDIASS or another trusted adult who knows you well.

Please tell us their name and how they know you

Name:	
How they know you:	

Why not pop a photograph or drawing of yourself here!



THE BEST OF ME

What I like about myself

What other people like about me



MY LIKES & DISLIKES

My Likes

My dislikes





SUPPORTING ME

I need help with...

It helps when you...

A large, empty rounded rectangular box with a yellow border, intended for writing about areas where help is needed.

A large, empty rounded rectangular box with a yellow border, intended for writing about what helps when receiving support.

COMMUNICATING WITH ME

How I communicate & express my views

How you should communicate with me

A large, empty rounded rectangular box with a purple border, intended for writing about how the individual communicates and expresses their views.

A large, empty rounded rectangular box with a purple border, intended for writing about how others should communicate with the individual.



IMPORTANT PEOPLE IN MY LIFE



MY LIFE AT THE MOMENT

Going well...

Would be better if...



IN THE FUTURE I WOULD LIKE...

Please return this form to:
SEND Services, Children, Adults & Families, Town Hall & Civic Offices, Westoe Road, South Shields,
Tyne & Wear, NE33 2RL Or by e-mail to sen@southtyneside.gov.uk